

**GIVING COMMITMENT ACCEPTANCE THERAPY AND FAMILY PSYCHOEDUCATION IN  
CARING FOR CLIENTS WITH INEFFECTIVE HEALTH CARE USING WATSON THEORY  
APPROACH**

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**Abstract**

Management of Schizophrenia requires a long time and medication adherence. The problem that often arises in the treatment of schizophrenia is relapse. The cause of relapse in Schizophrenia is non-compliance with medication and the appearance of a stressor that is very significantly disturbing. Ease reports on six clients and client families. Interventions can be given online or by telephone to patients and their families. Not all patients and their families can accept the intervention given, this is indicated by unfriendly emotional expressions and often refuses to be called or contacted. After nursing and specialist nursing actions, an increase in client compliance and family's ability to care for clients with ineffective online health care. Providing nursing and specialist nursing actions to clients with ineffective health care can be done online. It is very suitable like during the current Pandemic and for families of patients who do not have free time to go to the hospital.

Keywords: schizophrenia, ineffectiveness of health care, ACT, relapse, online

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